

Peak Raid

Mountain Marathon series

FINAL DETAILS - RACE 4 – BASLOW VILLAGE HALL

Date: Sunday 9th December 2018

Thank you for entering the fourth and last event in the 2018 series, with the usual format of the 3 hour event. After a tough race up at Bleaklow, we have now moved to the faster running Eastern Moors with a finish at Baslow Village Hall, next door to Chatsworth. As this is the last event in the Peak Raid Series 2018, we will be serving mince pies and announce the winners of the different age groups.

Location:

**Nether End, Baslow
Nr Bakewell
Derbyshire
DE45 1SR**

Race HQ is at **Baslow Village Hall**, with parking in the public car park only a few steps away from the hall – Derbyshire Dales P & D charges, £5.50 all day. We will have marshals to welcome you, but please find a car park spot yourself and park courteously. Alternatively, there is limited on street parking in Baslow, with some parking along Eaton Hill.

<https://www.google.com/maps/d/edit?mid=zB1u2562kv6U.kmRPh-LGRshI>

Registration:

Registration will be open from 7.30am. You will need to have your race kit checked before going to the start. Kit check will take place at the Race HQ – from approximately 15 minutes before we open the start at 8.30am. Please allow yourself enough time as there might be a bit of a queue at peak times for both registration and kit check.

Entry on the Day: There will be no entry on the day this time

Toilets: There are a limited number of toilets in the hall, however there are plenty of toilets adjacent to the hall, in the car park (open 24hrs).

Weather Forecast: It is always difficult to know exactly how the weather will turn out on race day, however after a couple of windy days, the weather should calm down for Sunday and turn chillier. As always, please check the Met Office weather forecast yourself the day before the race.

Although the weather forecast is looking good, it is still essential that you dress accordingly and we do recommend that you bring an extra layer.

Start: Start:

There is a remote start, approximately 5min walk/jog from the Race HQ. You will be given the race map at the start.

Starts from 8.30 - 9.30.

Sunrise: 08.11

You must register at Race HQ, where your kit will be checked, before proceeding to the start. A blank map will be displayed at the Race HQ.

Event Format:

There are 15 control points, each with a score (marked next to the control in green). The challenge is to get as many points as you can within **3 hours**. The maximum possible score is 500 points.

Penalties: You will lose **20 points per minute** for every minute, or part of minute, that you are exceeding the 3 hour time limit. Example: If you are between 3 and 4 minutes late you will lose 80 points (4 x 20 = 80).

Remember to take into account that you need to get back to Race HQ, so allow yourself enough time for that or you might lose your points.

Event map:

The event map has been specially produced by Peel Land Surveys and the map scale for this event is **1:26,500** with a 10m contour interval on an A4 sheet. The symbols are to the usual specification for mountain marathons. A blank copy of the event maps will be displayed in race HQ.

Please ensure that you adhere to all areas of out of bounds, which are clearly marked on your event map. It is getting increasingly more difficult to get access to the areas we use for the events, and future events in the area depend on us respecting this, so anybody found to have infringed this will be disqualified.

Please close all gates after you, only crossing walls and fences at gates/stiles and remain on the public rights of way when crossing farm land. Be aware of livestock in some fields. There will be plenty of roads to cross before and during the race. Please do take great care when crossing

roads.

As part of the SSSI consent we obtain for the areas we use for our events, we are not able to allow dogs to join their owner during the race.

Everyone must report at the finish and download their dibber. All hired dibbers must be returned at the finish.

Shop: We have a limited supply of bivvy bags and whistles for sale.

Equipment:

We will not let you start if you don't have the required kit:

1. **Fell running shoes** that in the organiser's opinion are fully suitable for the type of rough terrain that will be encountered.
2. **Full waterproof body cover:** Trousers & coat with an integrated attached hood, both with taped seams.
3. **Hat & Gloves**
4. **Compass & Whistle**
5. **Map and control descriptions** (issued on the start line)
6. **Timing Chip** (each person must carry their own and use it at each control. Hire dibbers are handed out at registration)
7. **Food & liquid** to see you through the event
8. **Emergency bivvy bag** (must be a bag, not a sheet; it can be foil or plastic)
9. **Watch.** (no devices which display maps or aid navigation)
10. **Race Number.** Supplied at registration. The race number must be positioned on the **front** of a running top or running tights, worn at all time during the race.

PLEASE DO NOT SKIMP ON EQUIPMENT – IT IS NOT WORTH IT!!

We do advice everyone to also bring a mobile phone – with a fully charged battery.

Pre entering the emergency phone numbers before the event is recommended.

In the event that you find yourself either likely to be back significantly late or if you are injured, we ask you to call HQ. Mobile reception can be limited on the fells, but a text message may get through when a mobile phone will not. The text message will keep trying to reach the recipient. Should you be in need of help from Mountain Rescue, you must in that case make sure your phone is switched on at all time as they can then locate you and make contact.

Peak Raid 3 emergency numbers:

- **Rich 07974983670**

- Dave 07768200175

Emergency phone numbers also on the event map

Remember to look out for each other. If you see someone not looking right or who has injured themselves, please check that they are well enough to get back to HQ without assistance or contact the HQ.

Weather forecast:

<https://www.metoffice.gov.uk/public/weather/mountain-forecasts/peak-district>

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