

Peak Raid Anytime Provisional Results 2025

Please get in touch if you notice any errors or omissions: info@explorerevents.co.uk

The results will be finalised on Sunday 5th October. If you notice an error please let us know before this date.

Latest update at: 01/10/2025 09:00:30 BST

Scroll down for age group results.

	Name	Age Cat	Event	Pts	Time	Event	Pts	Time	Event	Pts	Time	Event	Pts	Time	Total	Total
1	Rory Harris	M40-44	Race 1	680	01:55:27	Race 2	680	01:59:52	Race 3	680	01:52:39	Race 4	760	01:59:21	2800	07:47:19
2	Martyn James	M40-44	Race 1	640	01:58:47	Race 2	710	02:00:15	Race 3	660	01:54:00	Race 4	730	02:00:39	2740	07:53:41
3	David Pettit	M40-44	Race 1	620	01:57:31	Race 2	700	01:57:40	Race 3	660	02:01:01	Race 4	740	01:59:43	2720	07:55:55
4	Jonathan Whilock	M55-59	Race 1	570	02:00:34	Race 2	640	01:52:38	Race 3	640	01:56:55	Race 4	680	01:58:02	2530	07:48:09
5	Jon Moulding	M45-49	Race 1	620	01:59:56	Race 2	580	01:58:37	Race 3	610	02:02:50	Race 4	680	01:56:59	2490	07:58:22
6	Mike Jones	M40-44	Race 1	540	01:58:32	Race 2	620	01:55:49	Race 3	660	01:58:35	Race 4	660	01:58:08	2480	07:51:04
7	Michael Clewlow	M40-44	Race 1	560	01:57:53	Race 2	620	02:00:00	Race 3	580	01:58:27	Race 4	680	01:56:38	2440	07:52:58
8	Ian Jones	M55-59	Race 1	500	01:59:08	Race 2	620	01:59:37	Race 3	600	01:59:44	Race 4	690	02:00:10	2410	07:58:39
9	Sam Pole	M35-39	Race 1	570	02:04:37	Race 2	500	01:58:07	Race 3	600	01:54:43	Race 4	660	01:53:48	2330	07:51:15
10	Rich Price	M30-34	Race 1	540	01:57:14	Race 2	560	01:55:23	Race 3	580	01:57:07	Race 4	620	01:57:44	2300	07:47:28
11	Jim Harris	M50-54	Race 1	540	01:59:50	Race 2	580	01:55:12	Race 3	560	01:57:18	Race 4	620	01:55:41	2300	07:48:01
12	Paul Murgatroyd	M55-59	Race 1	500	01:52:19	Race 2	560	01:57:28	Race 3	550	02:00:51	Race 4	580	01:49:30	2190	07:40:08
13	Andy Bell	M60-64	Race 1	520	01:59:42	Race 2	540	01:59:28	Race 3	540	01:58:23	Race 4	580	01:50:05	2180	07:47:38
14	James McMurtry	M60-64	Race 1	520	01:56:51	Race 2	500	01:51:03	Race 3	540	01:56:56	Race 4	600	01:46:07	2160	07:30:57
15	Lawrence Eccles	M40-44	Race 1	680	01:53:43	Race 2	720	01:59:27	Race 3	680	01:57:59				2080	05:51:09
16	Mike Cust	M65-69	Race 1	500	01:54:41	Race 2	500	01:56:55	Race 3	500	01:49:13	Race 4	580	01:55:20	2080	07:36:09
17	Eloise Lee	W35-39	Race 1	440	02:11:58	Race 2	520	01:58:00	Race 3	540	01:47:22	Race 4	580	01:49:29	2080	07:46:49
18	Ayako Yokoyama-Nichols	W50-54	Race 1	540	01:58:18	Race 2	520	01:58:46	Race 3	530	02:00:58	Race 4	490	02:02:26	2080	08:00:28
19	Lucy Bishop	W45-49	Race 1	460	01:54:08	Race 2	540	01:51:29	Race 3	500	01:53:57	Race 4	560	01:59:31	2060	07:39:05
20	Tom Corden	M50-54	Race 1	480	01:57:52	Race 2	530	02:00:47	Race 3	540	01:59:23	Race 4	500	01:44:25	2050	07:42:27
21	Leda Roodbaraky	W30-34	Race 1	460	01:57:04	Race 2	460	01:57:11	Race 3	500	01:55:08	Race 4	600	01:57:36	2020	07:46:59
22	Tessa Wiggans	W40-44	Race 1	460	01:51:53	Race 2	500	01:53:09	Race 3	480	01:51:07	Race 4	560	01:56:37	2000	07:32:46
23	Leigh Harris	M50-54	Race 1	480	01:59:18	Race 2	450	02:00:10	Race 3	510	02:00:19	Race 4	540	01:52:53	1980	07:52:40
24	Pip Taylor	M55-59	Race 1	480	01:56:29	Race 2	460	01:49:15	Race 3	500	01:47:07	Race 4	520	01:43:50	1960	07:16:41
25	Michael Mitchell	M70-74	Race 1	480	01:58:11	Race 2	480	01:55:27	Race 3	460	01:55:47	Race 4	540	01:50:47	1960	07:40:12
26	Sarah Needleman	W30-34	Race 1	430	02:00:55	Race 2	470	02:00:34	Race 3	480	01:56:26	Race 4	580	01:56:44	1960	07:54:39
27	Roo Mackervoy	M60-64	Race 1	480	01:55:36	Race 2	400	01:51:26	Race 3	500	01:51:19	Race 4	560	01:53:49	1940	07:32:10
28	Paul Taylor	M55-59	Race 1	460	02:01:40	Race 2	440	01:53:54	Race 3	500	01:59:58	Race 4	540	01:57:01	1940	07:52:33
29	Paul Terrett	M60-64	Race 1	430	02:00:54	Race 2	460	01:58:32	Race 3	460	01:57:09	Race 4	560	01:55:23	1910	07:51:58
30	Simon Bray	M50-54	Race 1	420	01:51:58	Race 2	480	01:50:20	Race 3	520	01:56:35	Race 4	480	02:03:34	1900	07:42:27
31	Anna James	W40-44	Race 1	440	01:57:22	Race 2	500	01:54:41	Race 3	420	01:55:06	Race 4	540	01:56:39	1900	07:43:48
32	Emily Sanders	W60-64	Race 1	460	01:57:48	Race 2	460	01:49:58	Race 3	420	01:48:33	Race 4	500	01:54:42	1840	07:31:01

33	James Garnett	M55-59	Race 1	420	01:57:01	Race 2	460	01:56:20	Race 3	440	01:53:47	Race 4	520	01:53:51	1840	07:40:59
34	Lucy Wiegand	W55-59	Race 1	440	01:59:24	Race 2	480	01:59:09	Race 3	420	02:01:40	Race 4	480	01:52:17	1820	07:52:30
35	Bryony Black	W50-54	Race 1	440	01:58:25	Race 2	450	02:00:04	Race 3	400	01:54:36	Race 4	480	01:51:45	1770	07:44:50
36	Chris Jordan	M50-54	Race 1	410	02:00:32	Race 2	340	01:53:23	Race 3	480	01:58:56	Race 4	520	01:54:57	1750	07:47:48
37	Russ Platt	M60-64	Race 1	350	02:02:17	Race 2	460	01:58:24	Race 3	460	02:01:52	Race 4	480	01:51:41	1750	07:54:14
38	Guy Lingford	M65-69	Race 1	340	01:48:21	Race 2	460	01:54:29	Race 3	460	01:56:48	Race 4	440	01:53:51	1700	07:33:29
39	Ian Ankers	M75-79	Race 1	340	01:51:23	Race 2	380	01:51:55	Race 3	460	01:56:04	Race 4	500	01:55:19	1680	07:34:41
40	Ray Collins	M70-74	Race 1	420	01:54:56	Race 2	380	01:53:26	Race 3	420	01:55:49	Race 4	460	01:54:54	1680	07:39:05
41	Sarah Hargreaves	W70-74	Race 1	400	02:01:29	Race 2	420	01:52:54	Race 3	420	01:59:03	Race 4	440	01:46:52	1680	07:40:18
42	Jeremy Engineer	M55-59	Race 1	440	01:56:23	Race 2	340	01:59:49	Race 3	430	02:08:51	Race 4	470	02:00:10	1680	08:05:13
43	Martin Sower	M40-44	Race 1	320	02:07:14	Race 2	400	01:53:33	Race 3	450	02:06:39	Race 4	500	01:58:16	1670	08:05:42
44	Andy Clough	M65-69	Race 1	360	01:55:52	Race 2	400	01:51:43	Race 3	410	02:00:12	Race 4	480	01:58:58	1650	07:46:45
45	Andy Nash	M55-59	Race 1	380	01:59:01	Race 2	360	01:54:44	Race 3	440	01:58:23	Race 4	460	01:40:38	1640	07:32:46
46	Lilika Yokoyama-Nichols	W10-14	Race 1	400	01:46:50	Race 2	360	01:56:31	Race 3	420	01:54:41	Race 4	440	01:51:37	1620	07:29:39
47	Andrew Johnson	M65-69	Race 1	380	01:54:06	Race 2	320	02:11:48	Race 3	440	01:49:30	Race 4	480	01:44:30	1620	07:39:54
48	Bronwen Doyle	W55-59	Race 1	360	01:56:02	Race 2	380	01:59:08	Race 3	400	01:59:20	Race 4	480	01:59:10	1620	07:53:40
49	Tom Garwood	M35-39	Race 1	380	01:57:19	Race 2	380	02:01:13	Race 3	380	02:05:21	Race 4	480	01:52:29	1620	07:56:22
50	Hannah Greenlee	W35-39	Race 1	300	01:46:41	Race 2	460	01:56:31	Race 3	400	01:59:56	Race 4	420	01:58:19	1580	07:41:27
51	Stephanie Llewelyn	W35-39	Race 1	340	01:59:17	Race 2	300	02:03:14	Race 3	440	01:59:59	Race 4	500	01:52:02	1580	07:54:32
52	Lynne Knight	W50-54	Race 1	360	01:51:30	Race 2	340	02:01:32	Race 3	480	01:53:11	Race 4	380	01:52:40	1560	07:38:53
53	Samantha Hardman	W40-44	Race 1	320	01:55:08	Race 2	400	01:53:50	Race 3	400	01:55:30	Race 4	440	01:59:17	1560	07:43:45
54	Steve Adams	M55-59	Race 1	520	01:55:15	Race 2	460	01:53:42				Race 4	560	01:51:20	1540	05:40:17
55	James Tissington	M45-49	Race 1	380	01:54:19	Race 2	400	02:09:18	Race 3	310	02:00:56	Race 4	440	01:43:29	1530	07:48:02
56	Liz Tromans	W60-64	Race 1	300	01:52:34	Race 2	360	01:54:53	Race 3	390	02:02:22	Race 4	460	01:57:26	1510	07:47:15
57	Nicola Hart	W60-64	Race 1	370	02:00:57	Race 2	420	01:54:41	Race 3	400	01:46:56	Race 4	300	01:31:32	1490	07:14:06
58	Joanne Howett	W55-59	Race 1	330	02:00:23	Race 2	300	02:07:01	Race 3	400	01:45:00	Race 4	460	01:55:35	1490	07:47:59
59	Esther Broughton	W50-54	Race 1	330	02:00:23	Race 2	300	02:07:02	Race 3	400	01:45:00	Race 4	460	01:55:35	1490	07:48:00
60	Emma Boyd	W45-49	Race 1	340	01:58:03	Race 2	400	01:46:41	Race 3	400	01:38:18	Race 4	340	01:59:02	1480	07:22:04
61	Rachael Lawrance	W45-49	Race 1	320	01:58:41	Race 2	390	02:00:53	Race 3	400	02:07:19	Race 4	360	01:59:15	1470	08:06:08
62	Dana Licakova	W35-39	Race 1	300	01:55:26	Race 2	400	01:59:20	Race 3	300	02:05:58	Race 4	440	01:58:30	1440	07:59:14
63	Jill Croskell	W70-74	Race 1	320	01:44:16	Race 2	340	01:38:03	Race 3	360	01:42:22	Race 4	400	01:47:42	1420	06:52:23
64	Clive Brooks	M60-64	Race 1	320	01:53:09	Race 2	320	01:51:41	Race 3	360	01:50:31	Race 4	420	01:54:12	1420	07:29:33
65	Richard Scarsbrook	M75-79	Race 1	320	01:52:19	Race 2	380	01:59:38	Race 3	340	01:53:11	Race 4	360	01:51:40	1400	07:36:48
66	Janet Hill	W70-74	Race 1	320	02:01:30	Race 2	320	02:02:00	Race 3	360	01:58:07	Race 4	400	01:53:25	1400	07:55:02
67	Andy Oliver	M50-54	Race 1	450	02:06:52	Race 2	480	01:55:22	Race 3	460	02:03:43				1390	06:05:57
68	Kiloran Metcalfe	W30-34	Race 1	320	01:53:18	Race 2	300	01:55:34	Race 3	340	02:07:35	Race 4	400	01:57:21	1360	07:53:48
69	Paula Hollings	W35-39	Race 1	400	01:54:14	Race 2	470	02:04:35				Race 4	480	01:48:09	1350	05:46:58
70	Rachel Morrison	W50-54	Race 1	310	02:02:13	Race 2	340	01:57:28	Race 3	300	02:01:09	Race 4	400	01:52:32	1350	07:53:22
71	Ivor Davies	M60-64	Race 1	280	02:07:36	Race 2	320	01:59:44	Race 3	420	01:51:58	Race 4	320	01:55:04	1340	07:54:22
72	Katy Thompson	W70-74	Race 1	300	02:05:50	Race 2	340	01:57:06	Race 3	400	01:54:55	Race 4	300	02:07:49	1340	08:05:40

73	Maggie Gorman	W70-74	Race 1	300	01:36:16	Race 2	260	01:51:20	Race 3	400	01:51:23	Race 4	360	01:55:02	1320	07:14:01
74	Katherine Lakhani	W55-59	Race 1	300	01:39:07	Race 2	280	01:55:24	Race 3	360	01:57:16	Race 4	360	01:55:57	1300	07:27:44
75	Lynn Andrews	W60-64	Race 1	300	01:39:07	Race 2	280	01:55:28	Race 3	360	01:57:16	Race 4	360	01:55:57	1300	07:27:48
76	David Laybourn-Strong	M30-34	Race 1	260	02:01:07	Race 2	300	01:43:28	Race 3	340	01:59:45	Race 4	400	02:01:06	1300	07:45:26
77	Eleni Laybourn-Strong	W30-34	Race 1	260	02:01:07	Race 2	300	01:43:32	Race 3	330	02:00:34	Race 4	390	02:02:39	1280	07:47:52
78	Paul Allen	M45-49	Race 1	390	02:00:39	Race 2	480	01:56:32	Race 3	400	01:57:38				1270	05:54:49
79	Joseph Hammerton	M50-54				Race 2	460	02:01:28	Race 3	340	01:58:13	Race 4	420	02:01:19	1220	06:01:00
80	John Gorman	M70-74	Race 1	300	01:36:13	Race 2	260	01:51:18	Race 3	400	01:51:21	Race 4	260	01:40:08	1220	06:59:00
81	John Derrick	M60-64	Race 1	220	01:38:34	Race 2	320	01:59:43	Race 3	350	02:00:07	Race 4	320	01:55:08	1210	07:33:32
82	Helen Barnett	W55-59				Race 2	380	01:49:08	Race 3	420	01:56:52	Race 4	400	02:03:14	1200	05:49:14
83	Michelle Mackervoy	W55-59	Race 1	260	01:56:12	Race 2	300	01:52:38	Race 3	310	02:00:37	Race 4	330	02:00:17	1200	07:49:44
84	Sue Russell	W60-64	Race 1	260	01:56:15	Race 2	300	01:52:39	Race 3	310	02:00:33	Race 4	330	02:00:33	1200	07:50:00
85	Julia Nolan	W55-59	Race 1	360	01:58:31				Race 3	410	02:04:48	Race 4	420	02:07:04	1190	06:10:23
86	David Ward	M50-54	Race 1	350	02:02:21	Race 2	360	01:44:11	Race 3	460	02:01:52				1170	05:48:24
87	Matthew Downes	M30-34				Race 2	520	01:57:33				Race 4	640	01:57:35	1160	03:55:08
88	Will Throssel	M40-44	Race 1	530	02:04:43	Race 2	560	01:53:29							1090	03:58:12
89	Richard Bradbury	M50-54	Race 1	540	01:56:03	Race 2	510	02:03:00							1050	03:59:03
90	Rachel Bowden	W45-49	Race 1	300	01:59:54	Race 2	380	01:58:00				Race 4	370	02:04:51	1050	06:02:45
91	Benji Lilleman	M10-14	Race 1	300	01:52:09	Race 2	340	01:58:16				Race 4	400	01:53:43	1040	05:44:08
92	Sarah Lilleman	W40-44	Race 1	300	01:52:09	Race 2	340	01:58:16				Race 4	400	01:53:43	1040	05:44:08
93	Kelly Buckley	W45-49	Race 1	220	02:09:22	Race 2	390	02:00:55	Race 3	400	02:07:17				1010	06:17:34
94	Alan Billington	M50-54	Race 1	470	02:04:32				Race 3	530	02:00:07				1000	04:04:39
95	Steve Waters	M55-59	Race 1	500	01:56:52	Race 2	480	01:55:03							980	03:51:55
96	Kate Wilkinson	W60-64	Race 1	320	01:44:12	Race 2	280	02:03:14	Race 3	380	01:54:11				980	05:41:37
97	Ian Wallis	M60-64	Race 1	260	01:58:10				Race 3	360	01:57:13	Race 4	360	01:55:57	980	05:51:20
98	Stephen Wicks	M55-59	Race 1	320	01:42:18	Race 2	210	02:28:53	Race 3	420	01:47:40				950	05:58:51
99	Louise Reynolds	W45-49	Race 1	480	01:59:06				Race 3	460	01:59:47				940	03:58:53
100	Ged Waters	M10-14							Race 3	420	01:56:13	Race 4	500	01:42:21	920	03:38:34
101	Martha Hart	W40-44	Race 1	480	01:57:11				Race 3	440	01:52:42				920	03:49:53
102	Lilian Jefferson	W30-34	Race 1	460	01:58:50				Race 3	460	01:57:16				920	03:56:06
103	Diane Lee	W50-54	Race 1	300	01:50:11	Race 2	280	02:01:28				Race 4	340	02:07:18	920	05:58:57
104	Jill Davies	W70-74	Race 1	130	02:06:08	Race 2	180	02:13:05	Race 3	260	02:01:05	Race 4	340	01:55:36	910	08:15:54
105	Adam Niblett	M55-59				Race 2	420	01:57:53	Race 3	480	01:56:21				900	03:54:14
106	Steve Lomas	M55-59				Race 2	370	02:00:53				Race 4	520	01:55:06	890	03:55:59
107	Adrian Pickles	M65-69				Race 2	410	02:00:01				Race 4	480	01:57:26	890	03:57:27
108	Cathy Cresswell	W50-54	Race 1	220	01:45:42	Race 2	160	02:11:03	Race 3	290	02:08:33	Race 4	220	01:55:07	890	08:00:25
109	Jan Forrester	W70-74	Race 1	220	01:45:44	Race 2	160	02:11:01	Race 3	280	02:09:49	Race 4	220	01:55:25	880	08:01:59
110	Peter Gorvett	M75-79				Race 2	420	01:59:09	Race 3	450	02:02:27				870	04:01:36
111	Yana Petrovska	W25-29				Race 2	420	01:51:56	Race 3	430	02:02:43				850	03:54:39
112	Helen Lyons	W25-29				Race 2	460	01:56:22	Race 3	380	02:05:50				840	04:02:12

113	Dan Syson	M40-44				Race 2	460	01:56:21	Race 3	380	02:05:56		840	04:02:17
114	David Shiels	M50-54	Race 1	400	02:03:29	Race 2	440	01:58:58					840	04:02:27
115	Kev Longair	M40-44	Race 1	360	02:05:51	Race 2	480	02:01:51					840	04:07:42
116	Ben Hill	M45-49	Race 1	350	02:06:20	Race 2	470	02:04:30					820	04:10:50
117	Stephen Lewington	M50-54	Race 1	380	01:51:57	Race 2	430	02:02:55					810	03:54:52
118	Tracy Craig	W55-59				Race 2	320	01:54:50	Race 3	260	01:59:51	Race 4	230	02:12:27
119	Adam Softley-Brown	M30-34	Race 1	400	02:07:01	Race 2	400	01:58:55					800	04:05:56
120	Kate Saville	W50-54				Race 2	300	01:55:44				Race 4	460	01:50:58
121	Nigel Plant	M60-64	Race 1	240	02:04:00				Race 3	300	01:55:54	Race 4	220	01:58:40
122	Clare Griffin	W50-54	Race 1	320	01:41:53	Race 2	420	01:56:48					740	03:38:41
123	JJ Jones	M50-54	Race 1	300	01:55:26							Race 4	440	01:58:29
124	Jane Ireson	W45-49	Race 1	340	01:57:47				Race 3	380	01:51:43		720	03:49:30
125	Clare Dainton	W50-54	Race 1	380	01:53:28				Race 3	340	01:57:06		720	03:50:34
126	Lorraine Edmunds	W55-59	Race 1	380	01:53:28				Race 3	340	01:57:13		720	03:50:41
127	Sarah Helliwell	W65-69	Race 1	280	01:40:19	Race 2	240	01:29:08	Race 3	190	02:00:03		710	05:09:30
128	Helen Fulson	W45-49	Race 1	320	01:59:08				Race 3	380	01:51:46		700	03:50:54
129	John Booth	M70-74	Race 1	270	02:00:42	Race 2	420	01:55:31					690	03:56:13
130	Adrian Jowett	M60-64	Race 1	300	01:51:46	Race 2	380	01:55:34					680	03:47:20
131	Matthew Fullwood	M50-54	Race 1	340	01:55:05	Race 2	340	01:56:42					680	03:51:47
132	Elaine O'Connor	W45-49	Race 1	340	01:55:43	Race 2	340	01:56:32					680	03:52:15
133	Stuart Reid	M45-49							Race 3	630	02:00:39		630	02:00:39
134	Roger Ashby	M80-84	Race 1	50	02:18:04	Race 2	150	02:06:50	Race 3	210	02:04:55	Race 4	220	01:59:34
135	Susan Reeves	W45-49	Race 1	160	01:56:05	Race 2	260	01:39:19	Race 3	200	01:55:51		620	05:31:15
136	Andrew Young	M45-49							Race 3	610	02:00:03		610	02:00:03
137	Pasco Reynolds	M15-19	Race 1	600	01:59:00								600	01:59:00
138	Darren Graham	M55-59										Race 4	600	01:59:18
139	Tony Hulme	M75-79	Race 1	220	01:51:00	Race 2	380	01:59:15					600	03:50:15
140	Nick Corker	M50-54							Race 3	580	01:54:28		580	01:54:28
141	Marilyn Hammerton	W75-79	Race 1	300	01:59:39				Race 3	270	02:00:02		570	03:59:41
142	Katherine Garvey	W45-49	Race 1	260	01:51:49				Race 3	310	02:08:34		570	04:00:23
143	Adam Miladowski	M40-44										Race 4	560	01:56:16
144	Chris Plume	M50-54										Race 4	560	01:56:20
145	Dan Grounds	M25-29				Race 2	560	01:57:36					560	01:57:36
146	David Patrick	M55-59										Race 4	560	01:57:51
147	Nick Jones	M40-44	Race 1	560	01:59:12								560	01:59:12
148	Ashley Willis	M50-54	Race 1	250	02:12:48	Race 2	300	02:07:15					550	04:20:03
149	Beth Skinner	W30-34										Race 4	540	01:56:08
150	Sally Hale	W35-39							Race 3	520	01:58:44		520	01:58:44
151	Caspar Reynolds	M15-19	Race 1	520	02:05:08								520	02:05:08
152	James Fulson	M40-44							Race 3	500	01:55:18		500	01:55:18

153	Jo Lurati	W40-44	Race 1	240	01:55:53	Race 2	260	01:39:21						500	03:35:14	
154	John Methven	M55-59								Race 4	490	02:06:28		490	02:06:28	
155	Andrew Goldstraw	M35-39				Race 2	480	01:52:17						480	01:52:17	
156	Phil Ikin	M45-49				Race 2	480	01:52:17						480	01:52:17	
157	John Brannock	M35-39	Race 1	460	01:58:04									460	01:58:04	
158	Thomas Leitch	M20-24				Race 2	460	02:01:01						460	02:01:01	
159	David Veryard	M60-64	Race 1	300	01:35:10				Race 3	160	01:39:45			460	03:14:55	
160	William Hammerton	M75-79	Race 1	200	01:58:44	Race 2	260	01:51:43						460	03:50:27	
161	Lisa Methven	W55-59								Race 4	450	02:10:35		450	02:10:35	
162	Katie Busfield	W55-59								Race 4	440	01:55:43		440	01:55:43	
163	Sally Calland	W50-54	Race 1	440	01:55:46									440	01:55:46	
164	Sarah Johnson	W50-54								Race 4	440	01:57:34		440	01:57:34	
165	Ro Cole	W60-64	Race 1	440	01:57:43									440	01:57:43	
166	Chaz Murray	M50-54	Race 1	440	01:59:36									440	01:59:36	
167	Marcus Lancaster	M55-59	Race 1	440	01:59:50									440	01:59:50	
168	Andy Jackson	M55-59								Race 4	440	02:00:00		440	02:00:00	
169	Janneke Gorzeman	W65-69							Race 3	440	02:01:18			440	02:01:18	
170	Emma Wilson	W25-29				Race 2	420	01:51:43						420	01:51:43	
171	David Hindley	M55-59				Race 2	420	01:51:46						420	01:51:46	
172	Nick Lightfoot	M60-64				Race 2	420	01:55:57						420	01:55:57	
173	Marian Summers	W65-69				Race 2	420	01:55:58						420	01:55:58	
174	Matthew Rolfe	M15-19				Race 2	420	02:03:36						420	02:03:36	
175	Teddy Hall	M15-19	Race 1	400	02:01:52									400	02:01:52	
176	Linda Cairns	W65-69	Race 1	220	01:28:44	Race 2	180	01:20:07						400	02:48:51	
177	Roger Hodgson	M65-69	Race 1	390	02:00:38									390	02:00:38	
178	Ben Burrell	M35-39							Race 3	390	02:06:42			390	02:06:42	
179	Alex Bateson	W40-44				Race 2	240	01:55:45				Race 4	150	02:16:13	390	04:11:58
180	Katie Shorrocks	W50-54							Race 3	380	01:48:30			380	01:48:30	
181	Oliver Hayward	M25-29	Race 1	380	01:51:53									380	01:51:53	
182	Sarah Binks	W30-34	Race 1	380	01:52:02									380	01:52:02	
183	David Watney	M60-64	Race 1	380	01:56:57									380	01:56:57	
184	Tim Rolfe	M50-54				Race 2	380	01:58:38						380	01:58:38	
185	Anthony Marchant	M50-54	Race 1	380	01:58:54									380	01:58:54	
186	Jago Reynolds	M10-14	Race 1	380	02:07:09									380	02:07:09	
187	Jenny Lightfoot	W45-49				Race 2	360	01:58:03						360	01:58:03	
188	Julie Nokes	W65-69	Race 1	200	01:56:27	Race 2	160	01:52:59						360	03:49:26	
189	Mick Durkin	M60-64	Race 1	340	01:49:08									340	01:49:08	
190	Ed Hartley	M45-49	Race 1	340	01:53:17									340	01:53:17	
191	Sarah Cassie	W50-54				Race 2	340	01:55:44						340	01:55:44	
192	Elaine Bettaney	W40-44	Race 1	340	01:56:31									340	01:56:31	

193	Daniel Hammerton	M10-14				Race 3	340	01:58:09	340	01:58:09
194	Sophie Watkins	W15-19				Race 3	340	01:59:12	340	01:59:12
195	Rachel Jones	W45-49	Race 1	340	02:03:35				340	02:03:35
196	Naomi Rabin	W35-39				Race 2	320	01:57:17	320	01:57:17
197	Jonathan Howell	M70-74	Race 1	320	02:01:56				320	02:01:56
198	Janet Hannah	W60-64				Race 3	310	02:00:19	310	02:00:19
199	Yvonne Beckwith	W55-59	Race 1	310	02:00:25				310	02:00:25
200	Fiona Fullwood	W45-49	Race 1	310	02:00:35				310	02:00:35
201	Morag Thompson	W60-64				Race 3	310	02:02:49	310	02:02:49
202	David Locke	M40-44	Race 1	310	02:02:52				310	02:02:52
203	Jason Gossop	M40-44	Race 1	310	02:02:56				310	02:02:56
204	Amy Thacker	W45-49				Race 3	310	02:08:32	310	02:08:32
205	Helen Cromack	W50-54				Race 3	300	01:50:17	300	01:50:17
206	Fiona Baker	W50-54				Race 3	300	01:50:32	300	01:50:32
207	Nicky Owen	W55-59	Race 1	300	01:51:59				300	01:51:59
208	Ian Stinson	M55-59	Race 1	300	01:56:06				300	01:56:06
209	Anne Stockley	W45-49	Race 1	300	01:59:22				300	01:59:22
210	Emily Chaplais	W40-44	Race 1	300	02:11:19				300	02:11:19
211	Ben Clithero	M45-49	Race 1	290	02:06:02				290	02:06:02
212	Lynn Hall	W45-49	Race 1	280	01:57:13				280	01:57:13
213	Neil Croasdell	M75-79				Race 2	280	01:59:24	280	01:59:24
214	Barney Rubble	M55-59				Race 3	280	02:11:58	280	02:11:58
215	Carole Vannucci	W45-49	Race 1	260	01:54:32				260	01:54:32
216	Alexander Simpson	M15-19				Race 3	250	02:02:03	250	02:02:03
217	Jim Simpson	M60-64				Race 3	250	02:02:07	250	02:02:07
218	Colin Best	M75-79	Race 1	240	01:43:18				240	01:43:18
219	Stephen Webster	M60-64				Race 3	240	01:47:32	240	01:47:32
220	Lu Watkins	W50-54				Race 3	240	01:49:24	240	01:49:24
221	Elaine Baker	W55-59				Race 2	240	01:50:43	240	01:50:43
222	Sarah Leitch	W50-54				Race 2	240	01:54:19	240	01:54:19
223	Paula Furnival	W55-59	Race 1	240	01:59:51				240	01:59:51
224	Mandi Sharma	W65-69	Race 1	220	01:08:56				220	01:08:56
225	Daniel Clark	M55-59				Race 2	220	01:25:36	220	01:25:36
226	Roy Bradley	M75-79	Race 1	220	01:47:27				220	01:47:27
227	Daria Kruczek	W25-29				Race 2	210	02:10:18	210	02:10:18
228	Issy Currie	M15-19	Race 1	200	01:37:44				200	01:37:44
229	Nicky Best	W55-59	Race 1	200	01:37:44				200	01:37:44
230	Andy Jackson	M60-64	Race 1	180	01:58:36			Race 3	20	00:08:30
231	Martin Evans	M30-34	Race 1	200	02:11:28				200	02:11:28
232	Helena Radcliffe	W30-34	Race 1	200	02:11:30				200	02:11:30

233	Steve Jones	M40-44				Race 2	200	02:19:05					200	02:19:05
234	Will/Daniel Hammerton	M75-79									Race 4	190	02:02:51	190 02:02:51
235	Lydia Hughes	W25-29				Race 2	190	02:10:23					190	02:10:23
236	Cristina Puccini	W55-59	Race 1	160	01:51:10								160	01:51:10
237	Suzanne Kuyser	W70-74	Race 1	60	02:01:42				Race 3	60	01:24:35		120	03:26:17
238	Naomi Fleming	W35-39	Race 1	80	02:19:43								80	02:19:43
239	Becca Polley	W40-44	Race 1	70	02:20:01								70	02:20:01
240	Paul Addison	M65-69				Race 2	60	00:27:46					60	00:27:46
241	Piers Miller	M50-54	Race 1	30	02:16:10								30	02:16:10
242	Christina Turner	W50-54	Race 1	-30	02:32:58								-30	02:32:58
243	Jocasta Fletcher	W50-54	Race 1	-40	02:33:43								-40	02:33:43
244	Tim Bowman	M45-49	Race 1	-380	03:07:52								-380	03:07:52
245	Betty Rubble	W55-59							Race 3	-630	03:26:36		-630	03:26:36

Age Group Results

1	Benji Lilleman	M10-14	Race 1	300	01:52:09		340	01:58:16			Race 4	400	01:53:43	1040	05:44:08
2	Ged Waters	M10-14							Race 3	420	01:56:13	Race 4	500	01:42:21	920 03:38:34
3	Jago Reynolds	M10-14	Race 1	380	02:07:09									380	02:07:09
4	Daniel Hammerton	M10-14							Race 3	340	01:58:09			340	01:58:09
1	Pasco Reynolds	M15-19	Race 1	600	01:59:00									600	01:59:00
2	Caspar Reynolds	M15-19	Race 1	520	02:05:08									520	02:05:08
3	Matthew Rolfe	M15-19						Race 2	420	02:03:36				420	02:03:36
4	Teddy Hall	M15-19	Race 1	400	02:01:52									400	02:01:52
5	Alexander Simpson	M15-19							Race 3	250	02:02:03			250	02:02:03
6	Issy Currie	M15-19	Race 1	200	01:37:44									200	01:37:44
1	Thomas Leitch	M20-24				Race 2	460	02:01:01						460	02:01:01
1	Dan Grounds	M25-29				Race 2	560	01:57:36						560	01:57:36
2	Oliver Hayward	M25-29	Race 1	380	01:51:53									380	01:51:53
1	Rich Price	M30-34	Race 1	540	01:57:14	Race 2	560	01:55:23	Race 3	580	01:57:07	Race 4	620	0.08176	2300 07:47:28
2	David Laybourn-Strong	M30-34	Race 1	260	02:01:07	Race 2	300	01:43:28	Race 3	340	01:59:45	Race 4	400	02:01:06	1300 07:45:26
3	Matthew Downes	M30-34				Race 2	520	01:57:33				Race 4	640	01:57:35	1160 03:55:08
4	Adam Softley-Brown	M30-34	Race 1	400	02:07:01	Race 2	400	01:58:55						800	04:05:56
5	Martin Evans	M30-34	Race 1	200	02:11:28									200	02:11:28
1	Sam Pole	M35-39	Race 1	570	02:04:37	Race 2	500	01:58:07	Race 3	600	01:54:43	Race 4	660	0.07903	2330 07:51:15

2	Tom Garwood	M35-39	Race 1	380	01:57:19	Race 2	380	02:01:13	Race 3	380	02:05:21	Race 4	480	01:52:29	1620	07:56:22
3	Andrew Goldstraw	M35-39				Race 2	480	01:52:17							480	01:52:17
4	John Brannock	M35-39	Race 1	460	01:58:04										460	01:58:04
5	Ben Burrell	M35-39							Race 3	390	02:06:42				390	02:06:42
1	Rory Harris	M40-44	Race 1	680	01:55:27	Race 2	680	01:59:52	Race 3	680	01:52:39	Race 4	760	01:59:21	2800	07:47:19
2	Martyn James	M40-44	Race 1	640	01:58:47	Race 2	710	02:00:15	Race 3	660	01:54:00	Race 4	730	02:00:39	2740	07:53:41
3	David Pettit	M40-44	Race 1	620	01:57:31	Race 2	700	01:57:40	Race 3	660	02:01:01	Race 4	740	01:59:43	2720	07:55:55
4	Mike Jones	M40-44	Race 1	540	01:58:32	Race 2	620	01:55:49	Race 3	660	01:58:35	Race 4	660	01:58:08	2480	07:51:04
5	Michael Clewlow	M40-44	Race 1	560	01:57:53	Race 2	620	02:00:00	Race 3	580	01:58:27	Race 4	680	01:56:38	2440	07:52:58
6	Lawrence Eccles	M40-44	Race 1	680	01:53:43	Race 2	720	01:59:27	Race 3	680	01:57:59				2080	05:51:09
7	Martin Sower	M40-44	Race 1	320	02:07:14	Race 2	400	01:53:33	Race 3	450	02:06:39	Race 4	500	01:58:16	1670	08:05:42
8	Will Throssel	M40-44	Race 1	530	02:04:43	Race 2	560	01:53:29							1090	03:58:12
9	Dan Syson	M40-44				Race 2	460	01:56:21	Race 3	380	02:05:56				840	04:02:17
10	Kev Longair	M40-44	Race 1	360	02:05:51	Race 2	480	02:01:51							840	04:07:42
11	Adam Miladowski	M40-44										Race 4	560	01:56:16	560	01:56:16
12	Nick Jones	M40-44	Race 1	560	01:59:12										560	01:59:12
13	James Fulson	M40-44							Race 3	500	01:55:18				500	01:55:18
14	David Locke	M40-44	Race 1	310	02:02:52										310	02:02:52
15	Jason Gossop	M40-44	Race 1	310	02:02:56										310	02:02:56
16	Steve Jones	M40-44				Race 2	200	02:19:05							200	02:19:05
1	Jon Moulding	M45-49	Race 1	620	01:59:56	Race 2	580	01:58:37	Race 3	610	02:02:50	Race 4	680	01:56:59	2490	07:58:22
2	James Tissington	M45-49	Race 1	380	01:54:19	Race 2	400	02:09:18	Race 3	310	02:00:56	Race 4	440	01:43:29	1530	07:48:02
3	Paul Allen	M45-49	Race 1	390	02:00:39	Race 2	480	01:56:32	Race 3	400	01:57:38				1270	05:54:49
4	Ben Hill	M45-49	Race 1	350	02:06:20	Race 2	470	02:04:30							820	04:10:50
5	Stuart Reid	M45-49							Race 3	630	02:00:39				630	02:00:39
6	Andrew Young	M45-49							Race 3	610	02:00:03				610	02:00:03
7	Phil Ikin	M45-49				Race 2	480	01:52:17							480	01:52:17
8	Ed Hartley	M45-49	Race 1	340	01:53:17										340	01:53:17
9	Ben Clithero	M45-49	Race 1	290	02:06:02										290	02:06:02
10	Tim Bowman	M45-49	Race 1	-380	03:07:52										-380	03:07:52
1	Jim Harris	M50-54	Race 1	540	01:59:50	Race 2	580	01:55:12	Race 3	560	01:57:18	Race 4	620	01:55:41	2300	07:48:01
2	Tom Corden	M50-54	Race 1	480	01:57:52	Race 2	530	02:00:47	Race 3	540	01:59:23	Race 4	500	01:44:25	2050	07:42:27
3	Leigh Harris	M50-54	Race 1	480	01:59:18	Race 2	450	02:00:10	Race 3	510	02:00:19	Race 4	540	01:52:53	1980	07:52:40
4	Simon Bray	M50-54	Race 1	420	01:51:58	Race 2	480	01:50:20	Race 3	520	01:56:35	Race 4	480	02:03:34	1900	07:42:27
5	Chris Jordan	M50-54	Race 1	410	02:00:32	Race 2	340	01:53:23	Race 3	480	01:58:56	Race 4	520	01:54:57	1750	07:47:48
6	Andy Oliver	M50-54	Race 1	450	02:06:52	Race 2	480	01:55:22	Race 3	460	02:03:43				1390	06:05:57
7	Joseph Hammerton	M50-54				Race 2	460	02:01:28	Race 3	340	01:58:13	Race 4	420	02:01:19	1220	06:01:00

8	David Ward	M50-54	Race 1	350	02:02:21	Race 2	360	01:44:11	Race 3	460	02:01:52				1170	05:48:24
9	Richard Bradbury	M50-54	Race 1	540	01:56:03	Race 2	510	02:03:00							1050	03:59:03
10	Alan Billington	M50-54	Race 1	470	02:04:32				Race 3	530	02:00:07				1000	04:04:39
11	David Shiels	M50-54	Race 1	400	02:03:29	Race 2	440	01:58:58							840	04:02:27
12	Stephen Lewington	M50-54	Race 1	380	01:51:57	Race 2	430	02:02:55							810	03:54:52
13	JJ Jones	M50-54	Race 1	300	01:55:26					Race 4	440	01:58:29			740	03:53:55
14	Matthew Fullwood	M50-54	Race 1	340	01:55:05	Race 2	340	01:56:42							680	03:51:47
15	Nick Corker	M50-54							Race 3	580	01:54:28				580	01:54:28
16	Chris Plume	M50-54									Race 4	560	01:56:20		560	01:56:20
17	Ashley Willis	M50-54	Race 1	250	02:12:48	Race 2	300	02:07:15							550	04:20:03
18	Chaz Murray	M50-54	Race 1	440	01:59:36										440	01:59:36
19	Tim Rolfe	M50-54				Race 2	380	01:58:38							380	01:58:38
20	Anthony Marchant	M50-54	Race 1	380	01:58:54										380	01:58:54
21	Piers Miller	M50-54	Race 1	30	02:16:10										30	02:16:10
1	Jonathan Whilock	M55-59	Race 1	570	02:00:34	Race 2	640	01:52:38	Race 3	640	01:56:55	Race 4	680	01:58:02	2530	07:48:09
2	Ian Jones	M55-59	Race 1	500	01:59:08	Race 2	620	01:59:37	Race 3	600	01:59:44	Race 4	690	02:00:10	2410	07:58:39
3	Paul Murgatroyd	M55-59	Race 1	500	01:52:19	Race 2	560	01:57:28	Race 3	550	02:00:51	Race 4	580	01:49:30	2190	07:40:08
4	Pip Taylor	M55-59	Race 1	480	01:56:29	Race 2	460	01:49:15	Race 3	500	01:47:07	Race 4	520	01:43:50	1960	07:16:41
5	Paul Taylor	M55-59	Race 1	460	02:01:40	Race 2	440	01:53:54	Race 3	500	01:59:58	Race 4	540	01:57:01	1940	07:52:33
6	James Garnett	M55-59	Race 1	420	01:57:01	Race 2	460	01:56:20	Race 3	440	01:53:47	Race 4	520	01:53:51	1840	07:40:59
7	Jeremy Engineer	M55-59	Race 1	440	01:56:23	Race 2	340	01:59:49	Race 3	430	02:08:51	Race 4	470	02:00:10	1680	08:05:13
8	Andy Nash	M55-59	Race 1	380	01:59:01	Race 2	360	01:54:44	Race 3	440	01:58:23	Race 4	460	01:40:38	1640	07:32:46
9	Steve Adams	M55-59	Race 1	520	01:55:15	Race 2	460	01:53:42				Race 4	560	01:51:20	1540	05:40:17
10	Steve Waters	M55-59	Race 1	500	01:56:52	Race 2	480	01:55:03							980	03:51:55
11	Stephen Wicks	M55-59	Race 1	320	01:42:18	Race 2	210	02:28:53	Race 3	420	01:47:40				950	05:58:51
12	Adam Niblett	M55-59				Race 2	420	01:57:53	Race 3	480	01:56:21				900	03:54:14
13	Steve Lomas	M55-59				Race 2	370	02:00:53				Race 4	520	01:55:06	890	03:55:59
14	Darren Graham	M55-59										Race 4	600	01:59:18	600	01:59:18
15	David Patrick	M55-59										Race 4	560	01:57:51	560	01:57:51
19	John Methven	M55-59										Race 4	490	02:06:28	490	02:06:28
20	Marcus Lancaster	M55-59	Race 1	440	01:59:50										440	01:59:50
21	Andy Jackson	M55-59										Race 4	440	02:00:00	440	02:00:00
22	David Hindley	M55-59				Race 2	420	01:51:46							420	01:51:46
23	Ian Stinson	M55-59	Race 1	300	01:56:06										300	01:56:06
24	Barney Rubble	M55-59							Race 3	280	02:11:58				280	02:11:58
25	Daniel Clark	M55-59				Race 2	220	01:25:36							220	01:25:36
1	Andy Bell	M60-64	Race 1	520	01:59:42	Race 2	540	01:59:28	Race 3	540	01:58:23	Race 4	580	01:50:05	2180	07:47:38
2	James McMurtry	M60-64	Race 1	520	01:56:51	Race 2	500	01:51:03	Race 3	540	01:56:56	Race 4	600	01:46:07	2160	07:30:57

3	Roo Mackervoy	M60-64	Race 1	480	01:55:36	Race 2	400	01:51:26	Race 3	500	01:51:19	Race 4	560	01:53:49	1940	07:32:10
4	Paul Terrett	M60-64	Race 1	430	02:00:54	Race 2	460	01:58:32	Race 3	460	01:57:09	Race 4	560	01:55:23	1910	07:51:58
5	Russ Platt	M60-64	Race 1	350	02:02:17	Race 2	460	01:58:24	Race 3	460	02:01:52	Race 4	480	01:51:41	1750	07:54:14
6	Clive Brooks	M60-64	Race 1	320	01:53:09	Race 2	320	01:51:41	Race 3	360	01:50:31	Race 4	420	01:54:12	1420	07:29:33
7	Ivor Davies	M60-64	Race 1	280	02:07:36	Race 2	320	01:59:44	Race 3	420	01:51:58	Race 4	320	01:55:04	1340	07:54:22
8	John Derrick	M60-64	Race 1	220	01:38:34	Race 2	320	01:59:43	Race 3	350	02:00:07	Race 4	320	01:55:08	1210	07:33:32
9	Ian Wallis	M60-64	Race 1	260	01:58:10				Race 3	360	01:57:13	Race 4	360	01:55:57	980	05:51:20
10	Nigel Plant	M60-64	Race 1	240	02:04:00				Race 3	300	01:55:54	Race 4	220	01:58:40	760	05:58:34
11	Adrian Jowett	M60-64	Race 1	300	01:51:46	Race 2	380	01:55:34							680	03:47:20
12	David Veryard	M60-64	Race 1	300	01:35:10				Race 3	160	01:39:45				460	03:14:55
13	Nick Lightfoot	M60-64				Race 2	420	01:55:57							420	01:55:57
14	David Wathey	M60-64	Race 1	380	01:56:57										380	01:56:57
15	Mick Durkin	M60-64	Race 1	340	01:49:08										340	01:49:08
16	Jim Simpson	M60-64							Race 3	250	02:02:07				250	02:02:07
17	Stephen Webster	M60-64							Race 3	240	01:47:32				240	01:47:32
18	Andy Jackson	M60-64	Race 1	180	01:58:36				Race 3	20	00:08:30				200	02:07:06
1	Mike Cust	M65-69	Race 1	500	01:54:41	Race 2	500	01:56:55	Race 3	500	01:49:13	Race 4	580	01:55:20	2080	07:36:09
2	Guy Lingford	M65-69	Race 1	340	01:48:21	Race 2	460	01:54:29	Race 3	460	01:56:48	Race 4	440	01:53:51	1700	07:33:29
3	Andy Clough	M65-69	Race 1	360	01:55:52	Race 2	400	01:51:43	Race 3	410	02:00:12	Race 4	480	01:58:58	1650	07:46:45
4	Andrew Johnson	M65-69	Race 1	380	01:54:06	Race 2	320	02:11:48	Race 3	440	01:49:30	Race 4	480	01:44:30	1620	07:39:54
5	Adrian Pickles	M65-69				Race 2	410	02:00:01				Race 4	480	01:57:26	890	03:57:27
6	Roger Hodgson	M65-69	Race 1	390	02:00:38										390	02:00:38
7	Paul Addison	M65-69				Race 2	60	00:27:46							60	00:27:46
1	Michael Mitchell	M70-74	Race 1	480	01:58:11	Race 2	480	01:55:27	Race 3	460	01:55:47	Race 4	540	01:50:47	1960	07:40:12
2	Ray Collins	M70-74	Race 1	420	01:54:56	Race 2	380	01:53:26	Race 3	420	01:55:49	Race 4	460	01:54:54	1680	07:39:05
3	John Gorman	M70-74	Race 1	300	01:36:13	Race 2	260	01:51:18	Race 3	400	01:51:21	Race 4	260	01:40:08	1220	06:59:00
4	John Booth	M70-74	Race 1	270	02:00:42	Race 2	420	01:55:31							690	03:56:13
5	Jonathan Howell	M70-74	Race 1	320	02:01:56										320	02:01:56
1	Ian Ankers	M75-79	Race 1	340	01:51:23	Race 2	380	01:51:55	Race 3	460	01:56:04	Race 4	500	01:55:19	1680	07:34:41
2	Richard Scarsbrook	M75-79	Race 1	320	01:52:19	Race 2	380	01:59:38	Race 3	340	01:53:11	Race 4	360	01:51:40	1400	07:36:48
3	Peter Gorvett	M75-79				Race 2	420	01:59:09	Race 3	450	02:02:27				870	04:01:36
4	Tony Hulme	M75-79	Race 1	220	01:51:00	Race 2	380	01:59:15							600	03:50:15
5	William Hammerton	M75-79	Race 1	200	01:58:44	Race 2	260	01:51:43							460	03:50:27
6	Neil Croasdell	M75-79				Race 2	280	01:59:24							280	01:59:24
7	Colin Best	M75-79	Race 1	240	01:43:18										240	01:43:18
8	Roy Bradley	M75-79	Race 1	220	01:47:27										220	01:47:27
9	Will/Daniel Hammerton	M75-79										Race 4	190	02:02:51	190	02:02:51

1	Roger Ashby	M80-84	Race 1	50	02:18:04	Race 2	150	02:06:50	Race 3	210	02:04:55	Race 4	220	01:59:34	630	08:29:23
1	Lilika Yokoyama-Nichols	W10-14	Race 1	400	01:46:50	Race 2	360	01:56:31	Race 3	420	01:54:41	Race 4	440	01:51:37	1620	07:29:39
1	Sophie Watkins	W15-19							Race 3	340	01:59:12				340	01:59:12
1	Yana Petrovska	W25-29				Race 2	420	01:51:56	Race 3	430	02:02:43				850	03:54:39
2	Helen Lyons	W25-29				Race 2	460	01:56:22	Race 3	380	02:05:50				840	04:02:12
3	Emma Wilson	W25-29				Race 2	420	01:51:43							420	01:51:43
4	Daria Kruczek	W25-29				Race 2	210	02:10:18							210	02:10:18
5	Lydia Hughes	W25-29				Race 2	190	02:10:23							190	02:10:23
1	Leda Roodbaraky	W30-34	Race 1	460	01:57:04	Race 2	460	01:57:11	Race 3	500	01:55:08	Race 4	600	01:57:36	2020	07:46:59
2	Sarah Needleman	W30-34	Race 1	430	02:00:55	Race 2	470	02:00:34	Race 3	480	01:56:26	Race 4	580	01:56:44	1960	07:54:39
3	Kiloran Metcalfe	W30-34	Race 1	320	01:53:18	Race 2	300	01:55:34	Race 3	340	02:07:35	Race 4	400	01:57:21	1360	07:53:48
4	Eleni Laybourn-Strong	W30-34	Race 1	260	02:01:07	Race 2	300	01:43:32	Race 3	330	02:00:34	Race 4	390	02:02:39	1280	07:47:52
5	Lilian Jefferson	W30-34	Race 1	460	01:58:50				Race 3	460	01:57:16				920	03:56:06
6	Beth Skinner	W30-34										Race 4	540	01:56:08	540	01:56:08
7	Sarah Binks	W30-34	Race 1	380	01:52:02										380	01:52:02
8	Helena Radcliffe	W30-34	Race 1	200	02:11:30										200	02:11:30
1	Eloise Lee	W35-39	Race 1	440	02:11:58	Race 2	520	01:58:00	Race 3	540	01:47:22	Race 4	580	01:49:29	2080	07:46:49
2	Hannah Greenlee	W35-39	Race 1	300	01:46:41	Race 2	460	01:56:31	Race 3	400	01:59:56	Race 4	420	01:58:19	1580	07:41:27
3	Stephanie Llewelyn	W35-39	Race 1	340	01:59:17	Race 2	300	02:03:14	Race 3	440	01:59:59	Race 4	500	01:52:02	1580	07:54:32
4	Dana Licakova	W35-39	Race 1	300	01:55:26	Race 2	400	01:59:20	Race 3	300	02:05:58	Race 4	440	01:58:30	1440	07:59:14
5	Paula Hollings	W35-39	Race 1	400	01:54:14	Race 2	470	02:04:35				Race 4	480	01:48:09	1350	05:46:58
6	Sally Hale	W35-39							Race 3	520	01:58:44				520	01:58:44
7	Naomi Rabin	W35-39				Race 2	320	01:57:17							320	01:57:17
8	Naomi Fleming	W35-39	Race 1	80	02:19:43										80	02:19:43
1	Tessa Wiggans	W40-44	Race 1	460	01:51:53	Race 2	500	01:53:09	Race 3	480	01:51:07	Race 4	560	01:56:37	2000	07:32:46
2	Anna James	W40-44	Race 1	440	01:57:22	Race 2	500	01:54:41	Race 3	420	01:55:06	Race 4	540	01:56:39	1900	07:43:48
3	Samantha Hardman	W40-44	Race 1	320	01:55:08	Race 2	400	01:53:50	Race 3	400	01:55:30	Race 4	440	01:59:17	1560	07:43:45
4	Sarah Lilleman	W40-44	Race 1	300	01:52:09	Race 2	340	01:58:16				Race 4	400	01:53:43	1040	05:44:08
5	Martha Hart	W40-44	Race 1	480	01:57:11				Race 3	440	01:52:42				920	03:49:53
6	Jo Lurati	W40-44	Race 1	240	01:55:53	Race 2	260	01:39:21							500	03:35:14
7	Alex Bateson	W40-44				Race 2	240	01:55:45				Race 4	150	02:16:13	390	04:11:58
8	Elaine Bettaney	W40-44	Race 1	340	01:56:31										340	01:56:31
9	Emily Chaplais	W40-44	Race 1	300	02:11:19										300	02:11:19

10	Becca Polley	W40-44	Race 1	70	02:20:01										70	02:20:01
1	Lucy Bishop	W45-49	Race 1	460	01:54:08	Race 2	540	01:51:29	Race 3	500	01:53:57	Race 4	560	01:59:31	2060	07:39:05
2	Emma Boyd	W45-49	Race 1	340	01:58:03	Race 2	400	01:46:41	Race 3	400	01:38:18	Race 4	340	01:59:02	1480	07:22:04
3	Rachael Lawrance	W45-49	Race 1	320	01:58:41	Race 2	390	02:00:53	Race 3	400	02:07:19	Race 4	360	01:59:15	1470	08:06:08
4	Rachel Bowden	W45-49	Race 1	300	01:59:54	Race 2	380	01:58:00				Race 4	370	02:04:51	1050	06:02:45
5	Kelly Buckley	W45-49	Race 1	220	02:09:22	Race 2	390	02:00:55	Race 3	400	02:07:17				1010	06:17:34
6	Louise Reynolds	W45-49	Race 1	480	01:59:06				Race 3	460	01:59:47				940	03:58:53
7	Jane Ireson	W45-49	Race 1	340	01:57:47				Race 3	380	01:51:43				720	03:49:30
8	Helen Fulson	W45-49	Race 1	320	01:59:08				Race 3	380	01:51:46				700	03:50:54
9	Elaine O'Connor	W45-49	Race 1	340	01:55:43	Race 2	340	01:56:32							680	03:52:15
10	Susan Reeves	W45-49	Race 1	160	01:56:05	Race 2	260	01:39:19	Race 3	200	01:55:51				620	05:31:15
11	Katherine Garvey	W45-49	Race 1	260	01:51:49				Race 3	310	02:08:34				570	04:00:23
12	Jenny Lightfoot	W45-49				Race 2	360	01:58:03							360	01:58:03
13	Rachel Jones	W45-49	Race 1	340	02:03:35										340	02:03:35
14	Fiona Fullwood	W45-49	Race 1	310	02:00:35										310	02:00:35
15	Amy Thacker	W45-49							Race 3	310	02:08:32				310	02:08:32
16	Anne Stockley	W45-49	Race 1	300	01:59:22										300	01:59:22
17	Lynn Hall	W45-49	Race 1	280	01:57:13										280	01:57:13
18	Carole Vannucci	W45-49	Race 1	260	01:54:32										260	01:54:32
1	Ayako Yokoyama-Nichols	W50-54	Race 1	540	01:58:18	Race 2	520	01:58:46	Race 3	530	02:00:58	Race 4	490	02:02:26	2080	08:00:28
2	Bryony Black	W50-54	Race 1	440	01:58:25	Race 2	450	02:00:04	Race 3	400	01:54:36	Race 4	480	01:51:45	1770	07:44:50
3	Lynne Knight	W50-54	Race 1	360	01:51:30	Race 2	340	02:01:32	Race 3	480	01:53:11	Race 4	380	01:52:40	1560	07:38:53
4	Esther Broughton	W50-54	Race 1	330	02:00:23	Race 2	300	02:07:02	Race 3	400	01:45:00	Race 4	460	01:55:35	1490	07:48:00
5	Rachel Morrison	W50-54	Race 1	310	02:02:13	Race 2	340	01:57:28	Race 3	300	02:01:09	Race 4	400	01:52:32	1350	07:53:22
6	Diane Lee	W50-54	Race 1	300	01:50:11	Race 2	280	02:01:28				Race 4	340	02:07:18	920	05:58:57
7	Cathy Cresswell	W50-54	Race 1	220	01:45:42	Race 2	160	02:11:03	Race 3	290	02:08:33	Race 4	220	01:55:07	890	08:00:25
8	Kate Saville	W50-54				Race 2	300	01:55:44				Race 4	460	01:50:58	760	03:46:42
9	Clare Griffin	W50-54	Race 1	320	01:41:53	Race 2	420	01:56:48							740	03:38:41
10	Clare Dainton	W50-54	Race 1	380	01:53:28				Race 3	340	01:57:06				720	03:50:34
11	Sally Calland	W50-54	Race 1	440	01:55:46										440	01:55:46
12	Sarah Johnson	W50-54										Race 4	440	01:57:34	440	01:57:34
13	Katie Shorrocks	W50-54							Race 3	380	01:48:30				380	01:48:30
14	Sarah Cassie	W50-54				Race 2	340	01:55:44							340	01:55:44
15	Helen Cromack	W50-54							Race 3	300	01:50:17				300	01:50:17
16	Fiona Baker	W50-54							Race 3	300	01:50:32				300	01:50:32
17	Lu Watkins	W50-54							Race 3	240	01:49:24				240	01:49:24
18	Sarah Leitch	W50-54				Race 2	240	01:54:19							240	01:54:19
19	Christina Turner	W50-54	Race 1	-30	02:32:58										-30	02:32:58

20	Jocasta Fletcher	W50-54	Race 1	-40	02:33:43											-40	02:33:43
1	Lucy Wiegand	W55-59	Race 1	440	01:59:24	Race 2	480	01:59:09	Race 3	420	02:01:40	Race 4	480	01:52:17	1820	07:52:30	
2	Bronwen Doyle	W55-59	Race 1	360	01:56:02	Race 2	380	01:59:08	Race 3	400	01:59:20	Race 4	480	01:59:10	1620	07:53:40	
3	Joanne Howett	W55-59	Race 1	330	02:00:23	Race 2	300	02:07:01	Race 3	400	01:45:00	Race 4	460	01:55:35	1490	07:47:59	
4	Katherine Lakhani	W55-59	Race 1	300	01:39:07	Race 2	280	01:55:24	Race 3	360	01:57:16	Race 4	360	01:55:57	1300	07:27:44	
5	Helen Barnett	W55-59				Race 2	380	01:49:08	Race 3	420	01:56:52	Race 4	400	02:03:14	1200	05:49:14	
6	Michelle Mackervoy	W55-59	Race 1	260	01:56:12	Race 2	300	01:52:38	Race 3	310	02:00:37	Race 4	330	02:00:17	1200	07:49:44	
7	Julia Nolan	W55-59	Race 1	360	01:58:31				Race 3	410	02:04:48	Race 4	420	02:07:04	1190	06:10:23	
8	Tracy Craig	W55-59				Race 2	320	01:54:50	Race 3	260	01:59:51	Race 4	230	02:12:27	810	06:07:08	
9	Lorraine Edmunds	W55-59	Race 1	380	01:53:28				Race 3	340	01:57:13				720	03:50:41	
10	Lisa Methven	W55-59										Race 4	450	02:10:35	450	02:10:35	
11	Katie Busfield	W55-59										Race 4	440	01:55:43	440	01:55:43	
12	Yvonne Beckwith	W55-59	Race 1	310	02:00:25										310	02:00:25	
13	Nicky Owen	W55-59	Race 1	300	01:51:59										300	01:51:59	
14	Elaine Baker	W55-59				Race 2	240	01:50:43							240	01:50:43	
15	Paula Furnival	W55-59	Race 1	240	01:59:51										240	01:59:51	
16	Nicky Best	W55-59	Race 1	200	01:37:44										200	01:37:44	
17	Cristina Puccini	W55-59	Race 1	160	01:51:10										160	01:51:10	
18	Betty Rubble	W55-59							Race 3	-630	03:26:36				-630	03:26:36	
1	Emily Sanders	W60-64	Race 1	460	01:57:48	Race 2	460	01:49:58	Race 3	420	01:48:33	Race 4	500	01:54:42	1840	07:31:01	
2	Liz Tromans	W60-64	Race 1	300	01:52:34	Race 2	360	01:54:53	Race 3	390	02:02:22	Race 4	460	01:57:26	1510	07:47:15	
3	Nicola Hart	W60-64	Race 1	370	02:00:57	Race 2	420	01:54:41	Race 3	400	01:46:56	Race 4	300	01:31:32	1490	07:14:06	
4	Lynn Andrews	W60-64	Race 1	300	01:39:07	Race 2	280	01:55:28	Race 3	360	01:57:16	Race 4	360	01:55:57	1300	07:27:48	
5	Sue Russell	W60-64	Race 1	260	01:56:15	Race 2	300	01:52:39	Race 3	310	02:00:33	Race 4	330	02:00:33	1200	07:50:00	
6	Kate Wilkinson	W60-64	Race 1	320	01:44:12	Race 2	280	02:03:14	Race 3	380	01:54:11				980	05:41:37	
7	Ro Cole	W60-64	Race 1	440	01:57:43										440	01:57:43	
8	Janet Hannah	W60-64							Race 3	310	02:00:19				310	02:00:19	
9	Morag Thompson	W60-64							Race 3	310	02:02:49				310	02:02:49	
1	Sarah Helliwell	W65-69	Race 1	280	01:40:19	Race 2	240	01:29:08	Race 3	190	02:00:03				710	05:09:30	
2	Janneke Gorzeman	W65-69							Race 3	440	02:01:18				440	02:01:18	
3	Marian Summers	W65-69				Race 2	420	01:55:58							420	01:55:58	
4	Linda Cairns	W65-69	Race 1	220	01:28:44	Race 2	180	01:20:07							400	02:48:51	
5	Julie Nokes	W65-69	Race 1	200	01:56:27	Race 2	160	01:52:59							360	03:49:26	
6	Mandi Sharma	W65-69	Race 1	220	01:08:56										220	01:08:56	
1	Sarah Hargreaves	W70-74	Race 1	400	02:01:29	Race 2	420	01:52:54	Race 3	420	01:59:03	Race 4	440	01:46:52	1680	07:40:18	
2	Jill Croskell	W70-74	Race 1	320	01:44:16	Race 2	340	01:38:03	Race 3	360	01:42:22	Race 4	400	01:47:42	1420	06:52:23	
3	Janet Hill	W70-74	Race 1	320	02:01:30	Race 2	320	02:02:00	Race 3	360	01:58:07	Race 4	400	01:53:25	1400	07:55:02	

4	Katy Thompson	W70-74	Race 1	300	02:05:50	Race 2	340	01:57:06	Race 3	400	01:54:55	Race 4	300	02:07:49	1340	08:05:40
5	Maggie Gorman	W70-74	Race 1	300	01:36:16	Race 2	260	01:51:20	Race 3	400	01:51:23	Race 4	360	01:55:02	1320	07:14:01
6	Jill Davies	W70-74	Race 1	130	02:06:08	Race 2	180	02:13:05	Race 3	260	02:01:05	Race 4	340	01:55:36	910	08:15:54
7	Jan Forrester	W70-74	Race 1	220	01:45:44	Race 2	160	02:11:01	Race 3	280	02:09:49	Race 4	220	01:55:25	880	08:01:59
8	Suzanne Kuyser	W70-74	Race 1	60	02:01:42				Race 3	60	01:24:35				120	03:26:17
1	Marilyn Hammerton	W75-79	Race 1	300	01:59:39				Race 3	270	02:00:02				570	03:59:41